

This 21-day prayer and fasting journey is designed to not only prepare and connect your heart to God, but also to prepare and unify our hearts as a church. God has a great purpose and plan for your life, and Lakeshore's desire is you would experience this more than ever before in the new year.

Participating is easy, all you have to do is join us in doing these three things:

## Choose Something To Fast

Fasting, while highly spiritual is something that is also highly practical. The concept of fasting is abstaining from something for the purpose of giving your time and attention to focus on God. There are a variety of things and ways you can choose to fast. You can choose to fast a certain meal or type of food, social media or entertainment, a hobby or activity, or a combination of these things. The purpose is that you choose something meaningful that you are able to replace with spending time with God in prayer and the Word.

## **2** Pray

Fasting for spiritual purposes includes prayer. Prayer is not complicated. It is simply talking to God and opening your heart to hear God talk to you. Whether you are spending 5 minutes or 5 hours in prayer, the point is that you are spending time praying.

## Z Read & Respond

One of the primary ways we believe God wants to speak to you is through the Bible, the living breathing Word of God. While it can be easy for some to become overwhelmed with the thought of hearing from God through scripture, we believe anyone can do it. Pick up a Life Journal at the Next Steps desk and download the reading plan from LakeshoreCF.com. Then spend time reading the designated chapters in the reading plan you choose. Lastly, respond to God through capturing what He is saying to you through writing it in your journal.

## I Am Believing God in 2024 for...

| I Am  | Praying | And | Believing | God |
|-------|---------|-----|-----------|-----|
| That: |         |     |           |     |

I Can Believe God Because His Word Says:

So, My Faith Statement This Year Is:

Although I can only see it in my heart right now, I will trust God and stand in faith. Though it may seem impossible, I know God is the God of the impossible. So, in faith I will declare, ONLY GOD CAN DO IT!